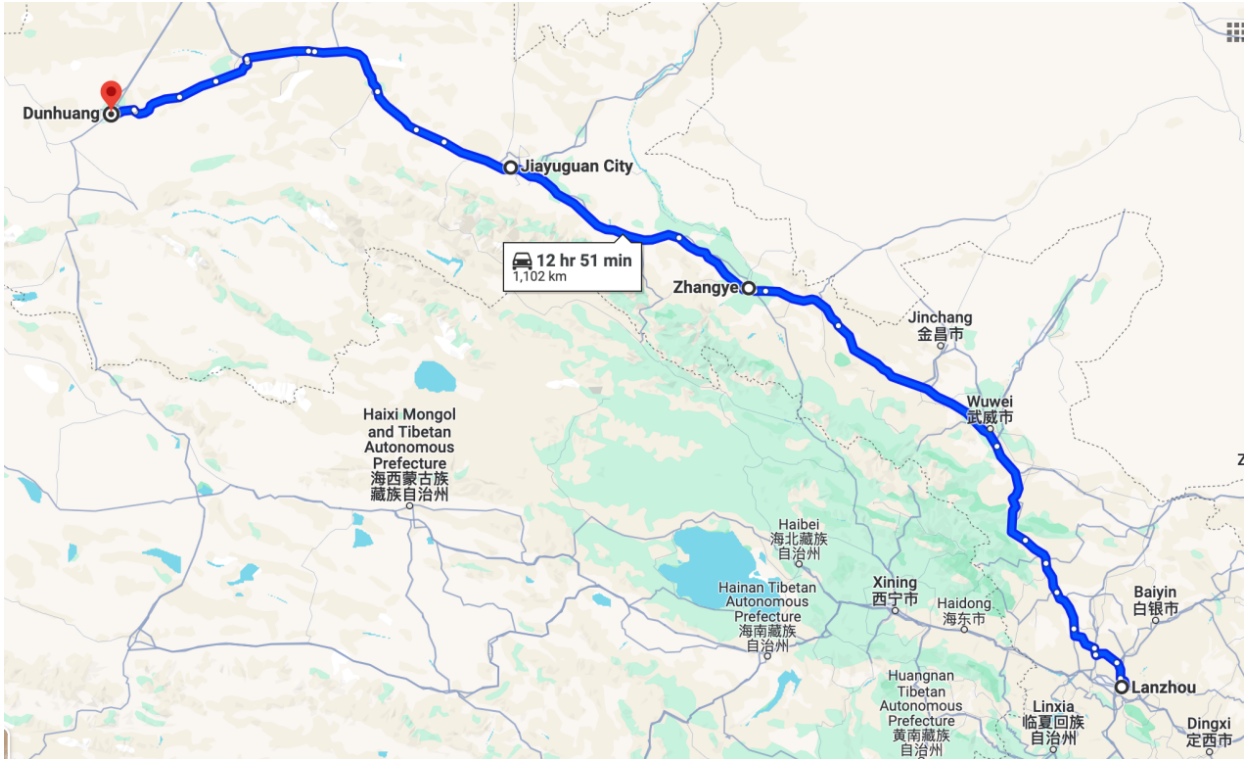


TRAVERSING THE MYSTICAL PATHWAYS OF THE SILK ROAD 8 DAYS



**Day 1 June 7: Shanghai – Lanzhou 兰州 Hotel: Lanzhou Hilton**

**Flight: Shanghai Pudong 浦东机场 to Lanzhou MU6801 PVG/LHW (12:55/16:15)**

- Local dinner on the way
- Hotel check-in at Lanzhou
- Evening: kick-off the trip

**Day 2 June 8: Lanzhou 兰州 Hotel: Lanzhou Hilton**

- Hotel breakfast
- Overall **Introduction of Silk Road and the Trip** 丝路概况及河西走廊 (Lecture by invited expert)
- **Sheep skin rafting on Yellow River** 黄河羊皮筏
- Local Lunch
- Afternoon - Visit **Gansu Provincial Museum** 甘肃省博物馆
  - Two groups - information introduction (in Chinese/English)
  - Divided into 5 groups with assigned tasks and questions (provided by leader and CF)
- Dinner: Local specialty - making **Lanzhou Noodles** 兰州拉面
- Evening: 8:00 – 9:00 pm - down time
- Curfew: 9:30 pm after luggage packing



**Day 3 June 9: Lanzhou – train – Zhangye 张掖 Hotel: Zhangye Hotel**

- 6:30 – 7:00 am Early breakfast at hotel
- 7:00 – 7:15 am Hotel check out

**Bullet train: Lanzhou-Zhangye D2743 (08:29-11:10); 2 h 41 m ride**

- Local lunch
- Visit the **Matisi Grottoes** 马蹄寺
- Dinner at hotel
- Hotel check-in at Zhangye
- Evening: 7:30 – 9:00 pm down time
- Curfew: 9:30 pm after luggage packing

**Day 4 June 10: Zhangye – train – Jiayugua 嘉峪关 Hotel: Youth International Hotel**

- 6:30-7:30 am Breakfast at hotel
- Hotel check out
- Visit a **Yugur ethnic group** 裕固族 (1.5 hours)
  - Welcoming ceremony on the grassland
  - Traditional Yugur games (2-3 games rotation)
- Packed KFC

**Bullet train: Zhangye – Jiayuguan D2749 (12:44-14:12); 1 h 28 m ride**

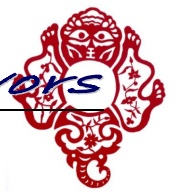
- Visit the **Jiayuguan Fortress** 嘉峪关城楼
- **Overhanging Great Wall**, hiking on the wall (2hrs) 悬臂长城
- Local dinner
- Hotel check-in at Jiayuguan
- Evening: 7:30 – 9:00 pm down time
- Curfew: 9:30 pm after luggage packing

**Day 5 June 11: Jiayuguan – train – Dunhuang 敦煌 Hotel: Silk Road Dunhuang Hotel**

- 7:30-8:30 am breakfast at hotel
- Hotel check out
- Visit **Wei&Jin Tombs** and its underground murals 魏晋壁画墓 – split into 2 groups: museum and tomb.
  - In depth study of Chinese burial ceremony, standard and culture.
  - Hands-on: reproduce a brick painting based on what's seen and learnt from the tomb.
- Local lunch

**Bullet train: Jiayuguan – Duhuang D2749 (14:28-17:16); 2 h 48 m ride**

- Crescent **Moon Spring and Singing Sand Dune** 鸣沙山月牙泉



- Hotel check-in at Dunhuang
- Order in dinner on your own

- Evening: down time
- Curfew: 9:30 pm

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**Day 6 June 12: Dunhuang 敦煌**
**Hotel: the Silk Road Dunhuang Hotel**

- Breakfast at hotel
- the **Mogao Grottoes** 莫高窟 (第一次进窟)
  - Guided tour to the caves
  - History, culture, art, music and religion
- Lunch at **Research Center** - workshop place
- **Mogao workshop** 莫高工作坊
  - VR experiences at exhibition
  - Fresco restoration
- Evening: **Dunhuang night market** 敦煌夜市 and free time dinner
- Curfew: 9:30 pm

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**Day 7 June 13: Dunhuang 敦煌**
**Hotel: the Silk Road Dunhuang Hotel**

- 7:00-8:00 am breakfast at hotel
- **Mogao Grottoes 2<sup>nd</sup> entry** (special caves) 莫高窟 第二次进窟 (特窟)
- Lunch at Mogao
- **Mogao workshop** 莫高工作坊
  - Clay plate painting
  - Costume fitting
  - Reward certificate
- **Desert camp site** 沙漠营地活动
  - Camel riding
  - Sand sliding
  - Karaoke
  - BBQ
- **Bon-fire party in the desert** 篝火告别晚会
  - Mogao closure
  - A farewell and celebration of the hard work for everyone!

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**Day 8 June 14: Departure for Shanghai 上海**

- Luggage packing
- Late breakfast at hotel before 10:30 am
- Hotel check out
- Transfer to the airport and fly from Dunhuang to Shanghai.

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**Flight: Dunhuang to Shanghai Pudong 浦东 HO2303 DNH/PVG (12:40/16:40)**